## South Carolina Cancer Alliance: Colorectal Cancer Awareness Month Social Media Updates

Tweets	Facebook Posts
March is #ColorectalCancerMonth! #ColorectalCancer occurs in the colon or rectum. Read more: http://goo.gl/T9a1xy	March is Colorectal Cancer Month! Colorectal cancer is cancer that occurs in the colon or rectum. It is the second leading cancer killer in the U.S., but it doesn't have to be. Read more: <a href="http://goo.gl/T9a1xy">http://goo.gl/T9a1xy</a>
There's more than one way to screen for polyps or #ColorectalCancer: <a href="http://goo.gl/Kk9NIM">http://goo.gl/Kk9NIM</a> Talk to your doctor for more info!	There are several different ways to screen for polyps or colorectal cancer. Colorectal cancer screening is recommended for men and women aged 50 and older. Talk to your doctor about which test is right for you: <a href="http://goo.gl/Kk9NIM">http://goo.gl/Kk9NIM</a>
Screening for #ColorectalCancer saves lives. Learn more from actor Jimmy Smits: https://goo.gl/bjtQ7i	Screening for colorectal cancer saves lives. It can detect precancerous polyps before they become cancer. Find out why Jimmy Smits got screened and you should too:  https://goo.gl/bjtQ7i
Risk factors for #ColorectalCancer include family history, inflammatory bowel disease & certain genetic syndromes: <a href="http://goo.gl/ekrqmz">http://goo.gl/ekrqmz</a>	You may be more at risk for colorectal cancer if you have a personal history of polyps, inflammatory bowel disease, certain genetic syndromes or a family history of colorectal cancer. Read more and talk to your doctor about getting screened: <a href="http://goo.gl/ekrqmz">http://goo.gl/ekrqmz</a>
Limiting alcohol intake & keeping a healthy weight may lower your risk of #ColorectalCancer. Read more: http://goo.gl/reSePQ	Leading a healthy lifestyle by limiting alcohol intake and keeping a healthy weight may lower your risk of colorectal cancer. Read more: <a href="http://goo.gl/reSePQ">http://goo.gl/reSePQ</a>
@the_NCI's #ColorectalCancer Risk Assessment Tool allows you to estimate your risk for #colorectal #cancer: http://goo.gl/y6xp3X	The National Cancer Institute's Colorectal Cancer Risk Assessment Tool may allow you to estimate the risk of colorectal cancer for people over the age of 50. Calculate your risk and talk to your doctor for more information: <a href="http://goo.gl/y6xp3X">http://goo.gl/y6xp3X</a>

Did you know? Blacks are more likely to get & die from #ColorectalCancer than any other race/ethnicity, but screening can reduce your risk: <a href="https://goo.gl/QKLRrj">https://goo.gl/QKLRrj</a>	Did you know? Blacks are more likely to get and die from colorectal cancer than any other race/ethnicity. Screening can help reduce disparities. Watch this short video to find out more: <a href="https://goo.gl/QKLRrj">https://goo.gl/QKLRrj</a>
Listen to @DrFriedenCDC discussing #ColonCancer and the importance of finding it early:  New Link:  https://www.cdc.gov/media/releases/201 3/t1105-colorectal-cancer-screening.html  Old Link: http://goo.gl/D4fL12	Listen to the CDC Director, Dr. Frieden, discussing colon cancer and the importance of finding it early. There are several life-saving screening options, even at-home tests. Talk to your doctor for more information  New Link:  https://www.cdc.gov/media/releases/2013/t11  O5-colorectal-cancer-screening.html  Old Link: http://goo.gl/D4fL12
Preventing #ColonCancer or finding it early doesn't have to be expensive. There are simple, affordable tests available. Talk to your doctor!	Preventing colon cancer, or finding it early, doesn't have to be expensive. There are simple, affordable tests available. Get screened! Call your doctor today!
There are several ways to get screened for #ColorectalCancer, including simple takehome options. Talk to your doc about getting screened.	Did you know there are several ways to get screened for colorectal cancer, including a takehome option? Talk to your doctor about getting screened.
Do you know the facts about #ColorectalCancer? Get the basics from @theNCI: <a href="http://goo.gl/4WPTmS">http://goo.gl/4WPTmS</a>	What is NCI working on when it comes to colorectal cancer? Get the basic facts and some info on research that's being done to fight colorectal cancer: <a href="http://goo.gl/4WPTmS">http://goo.gl/4WPTmS</a>
Most insurance plans and #Medicare help pay for #ColorectalCancer screening for people aged 50 and older: http://goo.gl/IEkleJ	Getting screened for #ColorectalCancer doesn't have to break the bank! Most insurance plans and #Medicare help pay for #ColorectalCancer screening for people aged 50 and older. Find out more: <a href="http://goo.gl/IEkleJ">http://goo.gl/IEkleJ</a>

Recognizing #cancer signs & symptoms & early detection save lives:  http://goo.gl/7NshCA  #PreventCancer	Can you recognize cancer signs and symptoms? Learn how early detection saves lives and talk to your doctor to decide which screening tests are right for you: <a href="http://goo.gl/7NshCA">http://goo.gl/7NshCA</a>
#Cancer affects some groups more than others. We can spread the word about why it matters: #PreventCancer New Link: https://www.cancer.gov/types/colorectal  Old Link: http://goo.gl/dqTQal	Cancer continues to affect some groups more than others. Take a moment to get educated about the basics of cancer disparities and why it matters for cancer prevention:  New Link:  https://www.cancer.gov/types/colorectal  Old Link: http://goo.gl/dqTQal
Colorectal #cancer screening saves lives. What you need to know: <a href="http://goo.gl/AEQA2X">http://goo.gl/AEQA2X</a> #PreventCancer	Colorectal cancer screening can catch abnormal cell changes before they become cancerous. Find out more about screening and talk to your doctor: <a href="http://goo.gl/AEQA2X">http://goo.gl/AEQA2X</a>
Joyce from DC says #ColorectalCancer screening is "a small price to pay for enjoying the rest of my life." Read more: http://goo.gl/mKrIVe	Joyce from Washington, DC says: "In 1992, my husband and sister were diagnosed with colon cancer. They died within four months of each otherI get a colonoscopy regularly. I'm 71 and have had at least four of them. The first two times, I had polyps which were painlessly removed during the procedure. Do I enjoy the prep? No way. But I see it as a small price to pay for enjoying the rest of my life. The procedure itself has always been painless, and afterwards I have gone out with friends to a film or a walk, or gone back to work. I am passionate about people getting a colonoscopy. I check with my friends regularly to see if they are up-to-date on their exams. I don't want to lose anyone else needlessly." Read more personal stories here: http://goo.gl/mKrIVe
Colonoscopy isn't the only way to get #ColorectalCancer screening. Read more	Colonoscopy isn't the only way to get screened for colorectal cancer. Your doctor can even give

about your options & talk to your doc: http://goo.gl/meg17q	you a kit for you to take and use at home! Read more and talk to your doctor:  http://goo.gl/meg17q
Talking to your doctor about #ColorectalCancer screening can be daunting. Here are some questions to ask: <a href="http://goo.gl/a6jm4i">http://goo.gl/a6jm4i</a>	Screening for colorectal cancer is recommended for men and women starting at age 50. Talking to your doctor can sometimes be daunting and confusing. Here is a brochure to help take charge of your health care: <a href="http://goo.gl/a6jm4i">http://goo.gl/a6jm4i</a>
#ColorectalCancer is 2nd leading cancer killer in the US, but it can be prevented. Talk to your doc about screening: <a href="http://goo.gl/pq3AUM">http://goo.gl/pq3AUM</a>	Why should you get screened for colorectal cancer when you don't have symptoms? The fact is, colorectal cancer doesn't always cause symptoms, especially early on. Find it early by getting screened. Talk to your doctor for more information <a href="http://goo.gl/pq3AUM">http://goo.gl/pq3AUM</a>
Screening finds polyps so they can be removed before they turn into #ColorectalCancer http://goo.gl/5hCKXB	If there were a way for you to prevent cancer, would you do it? Colorectal cancer is one you can prevent! Screening finds polyps so they can be removed before they turn into colorectal cancer. Talk to your doctor about screening that's right for you <a href="https://goo.gl/5hCKXB">http://goo.gl/5hCKXB</a>
#ColorectalCancer screening rates remain low among Asian Americans. Watch this short video for more:  New Link (without video):  https://www.cdc.gov/cancer/colorectal/statistics/index.htm	Colorectal cancer screening rates remain very low among Asian Americans. Watch this short video to find out more:  New Link (without video): <a href="https://www.cdc.gov/cancer/colorectal/statistics/index.htm">https://www.cdc.gov/cancer/colorectal/statistics/index.htm</a>
New Links with Video on Cancer Statistics: https://www.cdc.gov/cancer/dcpc/resourc es/features/cancerhealthdisparities/index. htm  Old Link: https://goo.gl/y2wTbP	New Links with Video on Cancer Statistics: https://www.cdc.gov/cancer/dcpc/resources/fe atures/cancerhealthdisparities/index.htm  Old Link: https://goo.gl/y2wTbP

Look out for your grandparents by making sure they get screened for #ColorectalCancer. Refer them here: http://goo.gl/PDohZV	Your grandparents look out for you. Look out for them, too! Make sure they get screened for colorectal cancer. Refer them here for more information: <a href="http://goo.gl/PDohZV">http://goo.gl/PDohZV</a>
#ColorectalCancer screening saves lives, but only if you get tested. Listen to this podcast for more: <a href="http://goo.gl/XbRsz4">http://goo.gl/XbRsz4</a>	Colorectal cancer screening saves lives, but only if you get tested. If you're over the age of 50, talk with your doctor about which test is best for you. Listen to this podcast for more: <a href="http://goo.gl/XbRsz4">http://goo.gl/XbRsz4</a>

## Additional Posts:

"Colorectal cancer is the second leading cancer killer in the United States" Check out this video by the CDC for more information on preventing colorectal cancer: <a href="https://www.cdc.gov/cancer/colorectal/basic">https://www.cdc.gov/cancer/colorectal/basic</a> info/prevention.htm

Check out this weekly health tip by the CDC on preventing colon cancer: <a href="https://www.cdc.gov/family/minutes/tips/preventcoloncancer/index.htm">https://www.cdc.gov/family/minutes/tips/preventcoloncancer/index.htm</a>